



MICHIPICOTEN FIRST NATION



Community Flyer



C&C meeting cancelled	2
Yoga/Taiji Fit Fusion	3
Show Me How & Let's Do It-Shawl Making	4
Water Plant Operator-Zach Day-Andre	5
Cookie Swap	6

Monday, November 23, 2015

Affirmation for the week



Each day is a fresh start.



~2015~	Monday Nov 23	Tuesday Nov 24	Wednesday Nov 25	Thursday Nov 26	Friday Nov 27	Saturday Nov 28	Sunday Nov 29
Weather Conditions 6am-6pm							
	Light snow	A mix of sun & clouds	Cloudy with showers	Mixed precipitation	Cloudy with sunny breaks	A mix of sun & clouds	Mainly sunny
High	0°C	-2°C	4°C	3°C	-5°C	-3°C	0C
Low	-8°C	-6°C	3°C	-7°C	-10°C	-3°C	-4°C
24 hr rain	—	—	5-10 mm	1-3 mm	—	—	—
24 hr snow	—	—	—	2-4 cm	—	—	—



BINGO NIGHT ON THE REZ!

TUESDAY EVENING BINGO SOCIAL

10-PLEX COMMON ROOM

At 6:30pm

**SEE
YOU
THERE!**

Only 16 years of age and older please.

**CHIEF AND COUNCIL MEETING FOR
THURSDAY, NOVEMBER 26, 2015 IS CANCELLED
DUE TO LOSS OF QUORUM**

MaryLou Kobzick

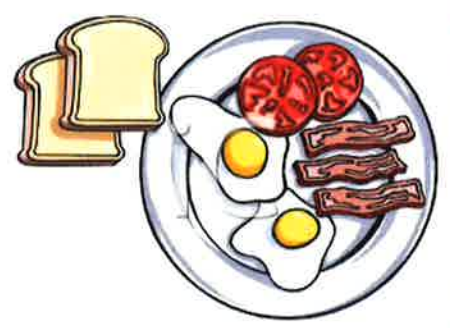
Marylou will be in the Community on
Tuesday, November 24, 2015 (will not be in on Thursday)
From 9 am-1pm
for anyone wishing to see her.

Community Breakfast

The Community Breakfast will be on
Thursday, November 26, 2015
@ 7:30am in the Band Hall

"All Welcome"

~ There will not be a Community Breakfast in December~



Diabetes Prize Bingo

Thursday, December 10, 2015 @ 6:30pm
Complex

Unlike a traditional workout, yoga and tai chi focus on precise movements that allow the body to slowly transition from one position to the next. Both practices attempt to coordinate the muscles, bones, heart and mind with the positive energy that surrounds the body.

FREE!

YOGA/TAIJI FIT FUSION

With Christine Rask/Mirinda Boucher

Just sign up

with Wendy or Tina
at 705-856-1993

ext. 219

Tuesday, Nov. 24th

5-5:45 pm

@ Michipicoten First Nation 10-plex



Brought to you by the Niirwin Apaabowenan (4 Seasons) FV/Ndamentals-Mobility, Activity & Physical Literacy Program

Show Me How & Let's Do It!

Please feel free to
bring your own
embellishments.



Material, ribbon &
thread provided.

Fancy Shawl Making

Wednesday, Dec 2, 2015

4-5:30PM @ Michipicoten First Nation Cultural Lodge

PLEASE CALL 705-856-7354 or 705-856-1993 FOR MORE INFO.

EVERYONE WELCOME!



superior children's centre
centre supérieur d'enfants



Best Star Hub
Carrefour Meilleur départ
Connecting Children and Families with Community Services and Schools
Relier les enfants et les familles avec les services et les écoles des collectivités



Zach Andre-Day

Michipicoten First Nation

— *Water Plant Operator*

Zach Andre-Day is from Michipicoten First Nation. The Michipicoten First Nation is a small Ojibwe First Nation of approximately 70 people in northern Ontario, located near Wawa. Members of the community have resided at the mouth of the Michipicoten River since before the first arrival of European settlers to the area. The water plant is a conventional surface water system. Zach's duties include checking for turbidity, free and total chlorine residuals, maintaining the fire pumps and checking generators. Sampling

is also done on a regular basis. Hydrants are flushed on a rotating basis.

Zach also went to school for audio-engineering and broadcasting. He plays the guitar, drums, bass, and saxophone and enjoys music.

Other interests are fishing and camping and spending time with his young son. Zach's goal is to complete his OIT, his Entry-Level for Drinking Water Operators, and obtain his Class 1. The Centre wishes Zach all the best in achieving his goals.



Michipicoten River



Cookie Swap

Sunday, December 13, 2015 from 3-4pm

@ Complex

“Come join us for a coffee or tea and swap some cookies”



~Please bring 5 Dozen Cookies~