



MICHIPICOTEN FIRST NATION



Community Flyer



| | |
|---------------------------------------|----|
| Diabetes Bingo / Breakfast | 2 |
| Flyer Bingo | 3 |
| C&C Inaugural Meeting | 4 |
| Mental Health & Wellness Presentation | 5 |
| Elder Fun Day Activities | 6 |
| Aftercare Circle | 7 |
| | 8 |
| | 9 |
| | 10 |

Monday, March 27, 2017

Daily Affirmations

Spring is a blessed season, giving you a chance to start over, try something new, and begin a new chapter in your life.

| ~2017~ | Monday Mar 27 | Tuesday Mar 28 | Wednesday Mar 29 | Thursday Mar 30 | Friday Mar 31 | Saturday Apr 1 | Sunday Apr 2 |
|--------------------------------------|------------------|-------------------|---------------------|-----------------------|------------------|--------------------|--------------------------|
| Weather Conditions 6am-6pm | | | | | | | |
| | Party cloudy | Sunny | Sunny | A mix of sun & clouds | Mainly cloudy | Chance of a shower | Cloudy with sunny breaks |
| High | 4°C | 6°C | 4°C | 5°C | 5°C | 5°C | 5°C |
| Low | -3°C | -6°C | -4°C | -1°C | -3°C | -2°C | -3°C |
| 24 hr rain | — | — | — | — | — | ~1 mm | — |
| 24 hr snow | — | — | — | — | — | — | — |

B
TUESDAYS
6:30 PM
THE
COMPLEX
GO
BE THERE
O

Diabetes Prize Bingo

Thanks to all the participants that took part in the Diabetes Prize Bingo. Our next bingo will be held on Wednesday, April 12, 2017.
6:30pm @ Complex

~Snacks Provided~



Breakfast Program

Thurs, April 20/17

7:30am @ Band Hall

~All Welcome~



Medical Van / Passenger Van

If you require transportation to town please call
(705)856-1993 ext # 229

Please leave your message of when and where you would like to be picked up. The driver will check the messages before leaving the Medical Centre.

Please do not call the front desk or your message may not reach the driver.

Poker Loppet Fundraiser

We will begin our poker loppett again on Monday, March 20-31, 2017

~Winners determined at the end of two weeks~

\$2:00 per play ~ High hand wins 50% pot.

Funds raised will go towards the Youth & Elders Gathering ~Open to all~

"Miigwetch for your support"



"MFN GATHERING" FUNDRAISING COMMUNITY FLYER BINGO



PROGRESSIVE 50/50
\$2.00 A STRIP - 3 CARDS PER STRIP
JACKPOT STARTING AT:

NEED TO WIN IN 49#'S TO WIN THE PROGRESSIVE JACKPOT

AFTER 49#'S WIN CONSOLATION PRIZE {\$20.00}

**DON'T FORGET TO BRING
IN YOUR WINNING CARD
BEFORE THEN;
WE NEED TO VERIFY IT.**

**CHI-MIIGWETCH
FOR YOUR
SUPPORT!**

**NEW GAME STARTS EVERY MONDAY: #'S IN FLYER
GAME CLOSSES AT NOON ON FRIDAY**



BINGO CARDS ON SALE NOW UNTIL 11:00AM ON FRIDAY

| GAME #: 10 | | WEEK: | | CARD COLOUR: STARTING CARD #: | | | | | |
|---|--------------------|--------------------|--------|-------------------------------|--------------------|-------------------------|----------------------|----------------------|--|
| BALL # | FIRST 49#'S Letter | FIRST 49#'S Number | BALL # | FIRST 49#'S Letter | FIRST 49#'S Number | BALL # | REMAINING #'S Letter | REMAINING #'S Number | |
| 1 | | | 26 | | | 50 | | | |
| 2 | | | 27 | | | 51 | | | |
| 3 | | | 28 | | | 52 | | | |
| 4 | | | 29 | | | 53 | | | |
| 5 | | | | | | 54 | | | |
| 6 | | | | | | 55 | | | |
| 7 | | | | | | 56 | | | |
| 8 | | | | | | 57 | | | |
| 9 | | | | | | 58 | | | |
| 10 | | | | | | | | | |
| 11 | | | | | | | | | |
| 12 | | | | | | | | | |
| 13 | | | | | | | | | |
| 14 | | | 39 | | | | | | |
| 15 | | | 40 | | | | | | |
| 16 | | | 41 | | | | | | |
| 17 | | | 42 | | | | | | |
| 18 | | | 43 | | | 67 | | | |
| 19 | | | 44 | | | 68 | | | |
| 20 | | | 45 | | | 69 | | | |
| 21 | | | 46 | | | 70 | | | |
| 22 | | | 47 | | | 71 | | | |
| 23 | | | 48 | | | 72 | | | |
| 24 | | | 49 | | | 73 | | | |
| 25 | | | | | | 74 | | | |
| Game #9 Consolation Winner: Ida Swanson | | | | | | Won full card in: 65#'s | | 75 | |

**CANCELLED UNTIL
FURTHER NOTICE**



Michipicoten First Nation Members and Guests

You are invited to attend the Chief and Council
Inaugural Meeting, Saturday, April 1, 2017.
107 Hiawatha Drive, Michipicoten First Nation

Agenda

11:00 a.m. - Women's Sweatlodge Ceremony conducted by Julie Michano; to follow Men's Sweatlodge Ceremony conducted by Don McLeod (end of beach)

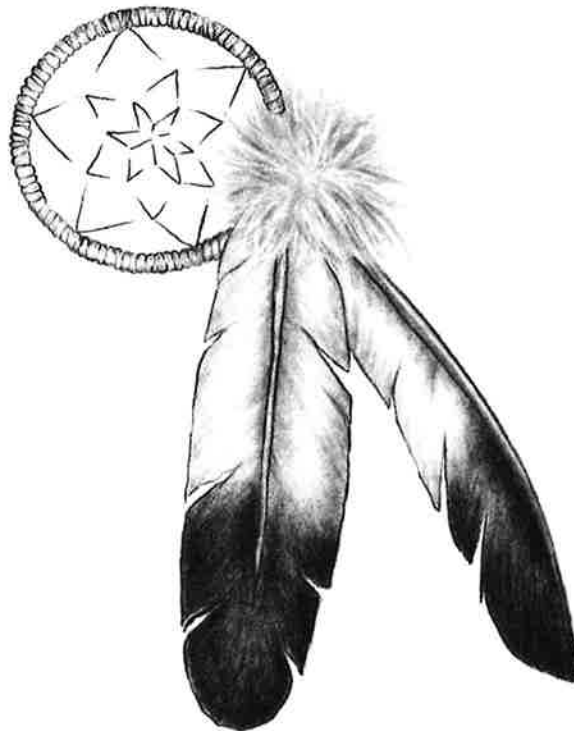
3:50 p.m. - Drumming and Smudging

4:00 p.m. - Chief and Council Inaugural Meeting

5:00 p.m. - Meet & Greet/Feast

We look forward to seeing you on Inauguration Day and walking on this new journey with you.

*Inquiries: Contact Paula Penno ppenno@michipicoten.com
(705) 856-1993; Toll Free: 1-888-303-7723*



Mental Health & Wellness

You're invited!!

Come join us for a Meet & Greet and presentation on the The Seven Grandfather Teachings & a Mental Health and Wellness topic!! Refreshments will be provided.

Where is it?

At the Michipicoten First Nation Complex Hall.

When and what time is it?

On April 5, 2017 from 6-8 PM
Join us for a chance to win a door prize!!



Presented by Tina Dennis, RN
Refreshments & snacks will be provided

*** Elder Fun Day Activities *
and Ojibwe language too :)**

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**Every Tuesday afternoon 12:30-3pm
@ the Medical Centre!
Next session: MARCH 21st**
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ALL WELCOME!

MFN
Woman
Young Ladies
Baby Girls

Sewing Circle

Creating Sacred Skirts

Circle will start off with:

**Smudge/prayer*

**Teaching of the Sacredness of*

Woman and wearing their skirts

Where: Miigizi Suswiin Complex

When: Saturday May 13, 2017—Time 9:00—4:00 pm

Sunday May 14, 2017—Time 9:00—2:00 pm

First 10 Michipicoten First Nation Woman, young ladies and babies

In order to hold your seat there will be \$10.00 deposit that will be re-funded upon date of Program start. Non refundable for “no Show”

Lunch and refreshment will be provided for both days

Come out for some love and laughter

Please call Teresa at 856-1993 ext 228 or email tblack@michipicoten.com

This circle is a circle of friendship and healing.

Light Snack
and coffee