

### **MICHIPICOTEN FIRST NATION**



### Community Flyer



Diabetes Bingo / Breakfast				
Band Buildings Closed				
Community Easter Dinner	4			
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Elder Fun Day Activities				
Aftercare Circle– Sacred skirts	7			

Monday, April 3, 2017

### **Daily Affirmations**

LOVE is the energy behind EVERYTHING.

~2017~	Monday Apr 3	Tuesday Apr 4	Wednesday Apr 5	Thursday Apr 6	Friday Apr 7	Saturday Apr 8	Sunday Apr 9
Weather Conditions 6am-6pm							
	Cloudy	Cloudy with sunny breaks	Mainly sunny	A mix of sun & clouds	Sunny	Sunny	Rain
<u>High</u>	4°C	8°C	6℃	3℃	8℃	12°C	14°C
Low	-3°C	-1°C	-2°C	-3℃	- 5°C	3°C	5°C
24 hr rain	=:		:—:	-	-	=	~5mm
24 hr snow	=0	=			=0	=.	-

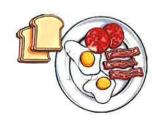
### Diabetes Prize Bingo

Diabetes bingo will be held on Wednesday, April 12, 2017. 6:30pm @ Complex



Breakfast Program
Thursday, April 20, 2017
7:30am @ Band Hall

~All Welcome~



### Medical Van / Passenger Van

If you require transportation to town please call (705)856-1993 ext # 229

Please leave your message of when and where you would like to be picked up. The driver will check the messages before leaving the Medical Centre.

> Please <u>do not</u> call the front desk or your message <u>may not</u> reach the driver.

### Poker Loppet Fundraiser

We will begin our poker loppett again on Monday, April 3-13, 2017 @ 1pm

~Winners determined at the end of two weeks ~
\$2:00 per play ~ High hand wins 50% pot.

Funds raised will go towards the Youth & Elders Gathering ~Open to all ~

"Miigwetch for your support"

### All Band Buildings Closed

All Band Buildings will be closed for Easter weekend.

Apr 14, 2017 – Good Friday & April 17, 2017 - Easter Monday



"Have a great Long Weekend"



### We are looking for someone to deliver the **Weekly Community Flyer.**

Delivery day is <u>each Monday</u> (except holidays) Each delivery will pay \$15.00

### **United Church Thrift Shop**

The United Church Thrift shop begins on Thursday, April 27, 2017 @ 5pm



# ~ Community Easter Dinner ~

April 10th/2017
5pm @ Complex

EVERYONE WELCOME!

### Mental Health & Wellness

### You're invited!!

Come join us for a Meet & Greet and presentation on the The Seven Grandfather Teachings & a Mental Health and Wellness topic!! Refreshments will be provided.

### Where is it?

At the Michipicoten First Nation Complex Hall.

### When and what time is it?

On April 5, 2017 from 6-8 PM Join us for a chance to win a door prize!!





Brain Arthur

## **Sewing Circle**

# **Creating Sacred Skirts**

Circle will start off with:

\*Smudge/prayer

\*Teaching of the Sacredness of

Woman and wearing their skirts

Where: Miigizi Suswiin Complex When: Saturday May 13, 2017—Time 9:00—4:00 pm

Sunday May 14, 2017—Time 9:00—2:00 pm

First 10 Michipicoten First Nation Woman, young ladies and babies

In order to hold your seat there will be \$10.00 deposit that will be refunded upon date of Program start. Non refundable for "no Show"

Lunch and refreshment will be provided for both days

Come out for some love and laughter

se call Teresa at 856-1993 ext 228 or email tblack@michipicoten.com

ills circle is a circle of friendship and healing.

and codice

