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# Community Flyer

Wednesday, October 2, 2019



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Wednesday 2nd	Thursday 3rd	Friday 4th	Saturday 5th	Sunday 6th	Monday 7th	Tuesday 8th
7°C	5°C	9°C	11°C	11°C	10°C	12°C
3°C	2°C	9°C	9°C	9°C	8°C	10°C
22NE	15NE	8N	18S	38SW	22NW	16SW
-	10mm	-	10-15mm	5-10mm	-	-

# COMMUNITY INFO



## Band Office Closure!

The Band office will be closed on Monday, October 14th for Thanksgiving.



## Community Health Nurse

Mary-Lou will be in the Community on:  
Thursday, October 4th (9-4pm)  
Monday, October 7th (9-4pm)



**Note:** To schedule immunizations or footcare, please leave a message at ext. 230 or call Lena at ext. 224.

## Community Lunch & Learn

Our next Community Lunch & Learn will be on October 7th at 12:00pm in the Band Hall. The topic will be Flu Awareness.



## Diabetes Prize





Thursday, Oct. 10th  
6:30pm - Band Hall



# Ongoing Programs

Questions? Contact Deanna at: [d.buonomo@michipicoten.com](mailto:d.buonomo@michipicoten.com) or (705) 856-1993 ext. 219  
Or  
Ashley at: [a.berry@michipicoten.com](mailto:a.berry@michipicoten.com) or (705) 856-0129 ext. 235



Crafting Social  
Every Wednesday Night  
6:00-8:00pm - 3 Maple



Lunch Social  
Every Friday at 3 Maple  
(11:30-1:00pm)






Drumming Social  
Every Tuesday from 6-8pm at 3 Maple Street.  
Everyone welcome!

Beading Program  
Every Wednesday from 1:00-3:00pm at 3 Maple.

Sew Much Fun!  
Every Tuesday at 3 Maple  
1:00 - 3:00pm

## General Help-Kitchen Helpers

**Rate of Pay - \$16.25/hour**  
**Room and Board Provided**  
**Rotation – 21 Days on, 7 Days off**  
**Terms of Employment 12 -26 Months**

Sodexo a joint venture partner with Supercom is reaching out requiring General Help-Kitchen Helpers to be part of their team for the East West Tie Project. It is anticipated that the opportunity will commence sometime at the end of September to October, at the NIPIGON CAMP location.

### General Help-Kitchen Help

#### Your Contribution:

Sodexo Canada has the position you are looking for. One of our Remote Sites (East West Tie Project) is seeking Customer Service focused General Help (Kitchen Helpers) who are energetic and dynamic.

If you aspire to a job where your initiative and creativity will be highlighted every day, where your management skills will be recognized and if that's what motivates you, we have the position you are searching for.

Recognized as a strategic partner, Sodexo Canada has consolidated its position by providing a range of Quality of Life in the corporate, education, healthcare and remote sites segments. Delivering more than 850 different food and facilities management solutions across 750+ sites, Sodexo is a market leader in Canada. Operating in 80 countries, Sodexo serves 75 million consumers each day through its unique combination of On-site Services.

#### Accountabilities:

As a member of our team, you will provide the highest quality of customer service at all times, while maintaining the operation of all register transactions, including:

- Serve food to clients in assigned areas.
- Offer customers friendly and professional service at all times.
- Ensure that food served meets service standards
- Ensure familiarity with the items served, including basic knowledge of ingredients to answer questions from clients.
- Make sure to keep your work area clean and tidy at all times.
- Respond quickly and effectively to client inquiries.
- Clean the assigned areas after the meal
- Responsible for performing work according to safe work practices by: learning the safe way to do a job and seeking instructions when in doubt
- Supporting the safety program in the unit
- Assist chefs in the production of menu items as assigned
- Maintain safety standards that meet or exceed those of the client, the Health Service
- Taking orders and serving customers
- Prepare coffee and other drinks
- Register sales in the register
- Daily cleaning of equipment
- Perform any other duties that may be required from time to time by the supervisor (e.g., diving, cooking, cashing, etc.)

### **Growth and Development:**

- One to two years of desired experience, functional knowledge of food preparation and knowledge of the environment/cooking equipment
- Demonstrated Aptitude for exceptional customer service, willingness to go beyond low requirements
- Very good stress tolerance and resourcefulness
- Ability to work under supervision and follow standard procedures
- Integrity, appearance and performance
- French/English bilingualism is an asset

### **Value Behaviors:**

- Serving Clients and Customers
- Integrity
- Flexibility
- Analysis and Decision Making
- Quality Assurance and Safety
- Diversity Awareness
- Drive and Dependability
- Interpersonal Relations
- Communication

### **Our Advantages**

\*A wide array of interesting jobs \*Nationwide locations \*Tremendous growth possibilities  
\*Continuous learning opportunities \*Incentive Plans \*Rewards & Recognition \*Employee Benefits  
\*Flexible Time \*Discounts \*Committed to People Development \*Promoting Individual and Collective  
Achievements \*Diversity and Inclusion \*Corporate Citizenship \*Hunger Fighting Initiatives  
\*Environmentally Conscious..... To find out more, come visit us at: [www.sodexo.ca](http://www.sodexo.ca)

*Sodexo is committed to Employment Equity and Diversity. We do not discriminate against any employee or applicant for employment because of national origin, race, religion, ethnic group, age, disability, gender, sexual preference, sexual or gender identity, status as a veteran or any other federal, provincial or local protected class.*

*"We welcome and encourage applications from people with disabilities. Accommodation is available on request from candidates taking part in all aspects of the selection process."*

***Please provide a cover letter and your updated resume if you are interested in this opportunity.***

***Deadline to apply is Friday, Oct 4, 2019 at 12pm.***

***\*Only those candidates under consideration will be contacted. \****

**If Interested in the opportunity please send your resume to Sam Sobush Supercom Employment Training Coordinator at [sam.sobush@supercomindustries.com](mailto:sam.sobush@supercomindustries.com)**

**Indigenous persons, especially those qualified members from our partner First Nations are encouraged to apply**

# Bible Study



## “Songs and Praise”

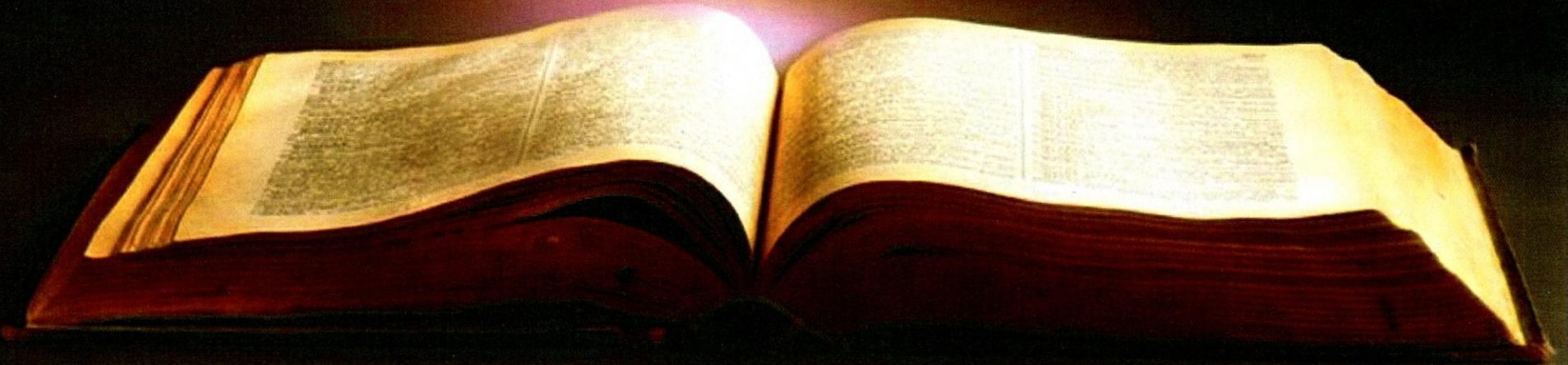
- Wednesday, October 2nd, 2019 -

- The Complex -

- 6:30pm -

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Refreshments will be provided by Michael Paquette.

If you have any questions, please feel free to  
call Ida at: (705) 856-7151



**MICHIPICOTEN**



**FIRST NATION**

# Community Goose & Moose Hunt



*chi nishinabek*

Goose Hunt: October 4th, 6:00am

- Meet at the Band Hall to leave for 6:00am.
- Then meet in Wawa at Tim Hortons to leave for 6:30am.

Moose Hunt: October 5th & 6th, 5:00am

- Meet at the Band Hall to leave for 5:00am.
- Then meet in Wawa at Tim Hortons to leave for 5:30am.

“Until we get a moose!”

\*Location to be decided\*

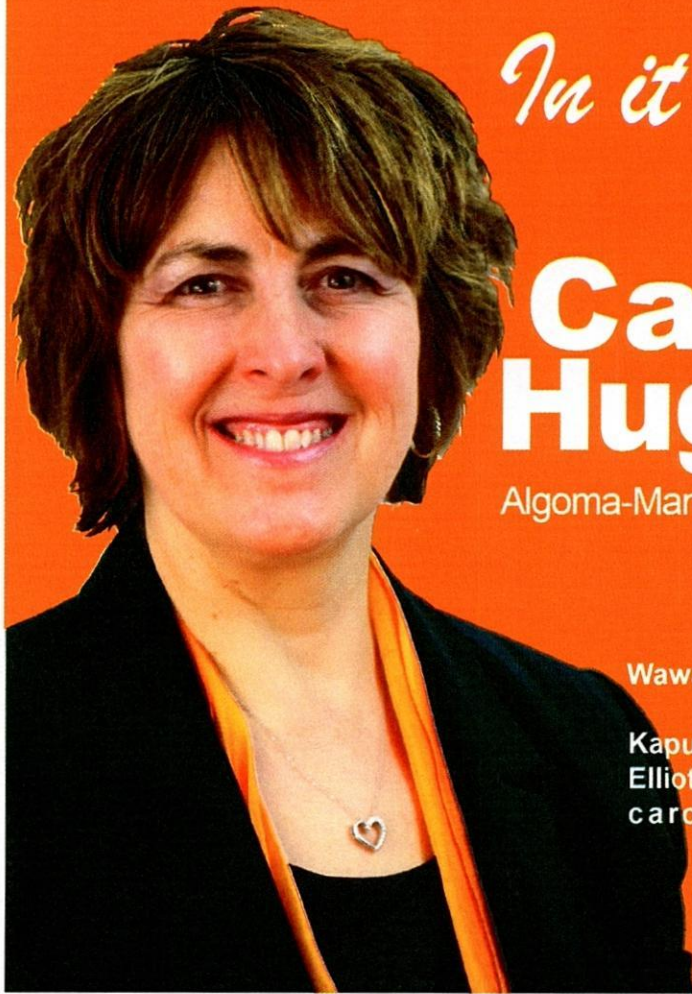
All of the geese and moose will be cleaned and packed at the Health Centre. Come out and help! Bring some chi nishin miijim home to your family.

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Goose & Moose Hunt Potluck - Sunday, Oct. 6th @  
1:00pm

Bring your favourite dish to share and please remember your feast bundles!

Donated by the Lands and Resources Department, all MFN band members participating in the community hunt will be entered into a draw for this Michipicoten First Nation camouflage tactical coat. The coat was purchased from “First Nation Army Coats”, a small business located in Toronto Ontario, owned and operated by MFN band member Melvin Brown.





*In it for you!*

# Carol Hughes

Algoma-Manitoulin-Kapuskasing

Wawa - 63 Broadway Ave  
705-992-6078  
Kapuskasing 705-465-1210  
Elliot Lake 705-261-2622  
carol.hughes@ndp.ca

**NDP**  **NPD**



Carol Hughes, NDP candidate in Algoma-Manitoulin-Kapuskasing, invites you to join her for a Meet and Greet in her campaign office on Monday, October 7th at noon. Everyone is encouraged to drop by to meet Carol and her team, discuss the federal election and enjoy some light refreshments.

Carol and her local volunteers will also be canvassing door to door in the community to hear your views as she seeks re-election on October 21. If you are planning to be out of town, please vote earlier at the Elections Canada Office, 65 Broadway Avenue from 9am-9pm Monday to Friday, 9am-6pm Saturday, and 12pm-4pm on Sunday.

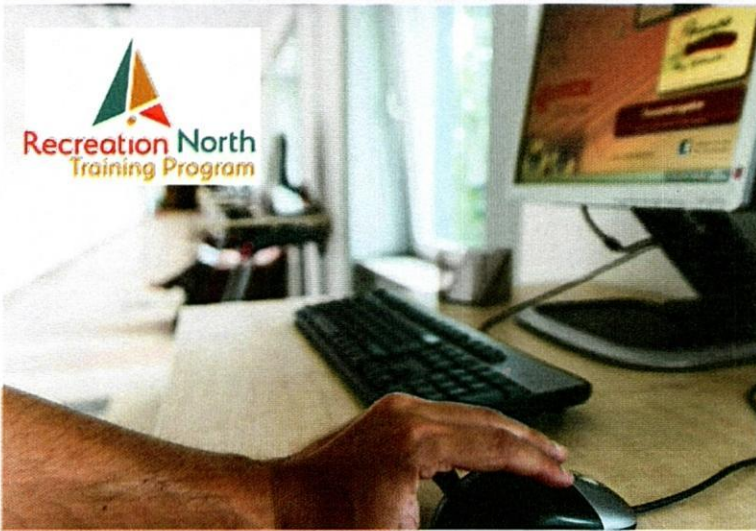




Healthy People | Vibrant Communities | Sustainable Environments



NWT RECREATION & PARKS ASSOCIATION



## Distance Learning Opportunity for Those in Rural and Remote Communities

**\*The deadline to apply for this pilot has been extended until October 7, 2019\***

Parks and Recreation Ontario is participating in a program to provide training for those who may have limited access to formal education or practical experience in the parks and recreation sector. Participants selected for this pilot will complete four 2-week distance courses between November 2019 and May 2020.

The Training Program builds recreation leadership competencies through a series of short learning events delivered remotely. Remote delivery allows participants to gain knowledge, skills, and experience in the recreation field while living in their home community. Training is delivered online and through conference calls and encourages learning through application and from peers.

The cost for this program is \$50 for PRO members and \$125 for non-PRO members (which includes a one year PRO membership).

This opportunity is limited and participants must meet certain eligibility requirements to participate. Please review [the information package](#) for more information. If you meet the eligibility requirements, please fill out and return [the interest form](#). Applicants must return completed forms by October 7, 2019.

Please forward this email to any individuals or communities that may be interested in this opportunity. For more information, please contact Sanja Pavlovic at [spavlovic@prontario.org](mailto:spavlovic@prontario.org)

[prontario.org](http://prontario.org) | [pro@prontario.org](mailto:pro@prontario.org)

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[Click here](#) to unsubscribe from future mailings or send an email to [pro@prontario.org](mailto:pro@prontario.org) with 'Unsubscribe' in the subject line.

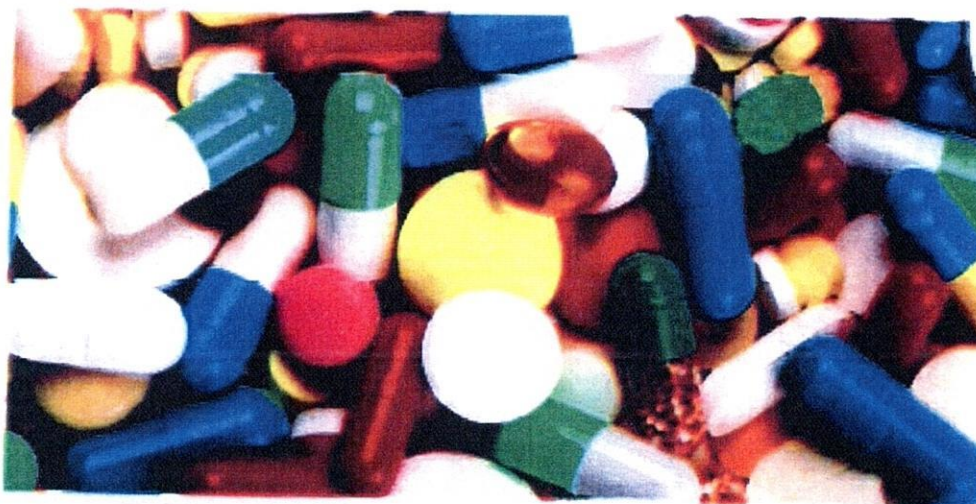


# Dilico

Anishinabek Family Care

## **FREE PHARMACIST CONSULTATION**

**Tuesday, October 8th - 9:00am**



- **On multiple medications and running out at different times?**
- **Want to know more about drug interactions and side effects?**
- **Not sure what your medications are used for?**
- **Want to know which medications and supplies are covered by your drug plans?**

**SIGN UP WITH LENA AT THE HEALTH CENTRE**

## DILICO PRIMARY CARE TRAVELLING TEAM

**We bring culturally appropriate health care**

### Our Team Consists of:

- Nurse Practitioners
- Social Workers
- Registered Practical Nurses
- Mental Health Nurses
- Pharmacist
- Registered Dietician
- Chiroprapist



## **Schedule your appointment**

**When: October 8th & 9th 2019**

**Location: Michipicoten Health Centre**

**To Make an Appointment:** PCTT Administrative Assistant (Jaimie) at:  
1-855-623-8511 (ext. 5249)



### Services Available:

- Physical Assessments
- Treatments and Referrals
- Chronic Disease Management
- Foot Care
- Programming to Support Healthy Lifestyles
- Advice and Counselling on Diet and Nutrition
- Medication Review and Adherence
- Individual, Family and Group Counselling
- Assessment, Diagnosis and Treatment of Psychological Problems

**MICHIPICOTEN**



**FIRST NATION**

# Sweat Lodge



*Anishinabek*

There will be a Sweat on Monday, October 21st for all Aboriginal Education Support Workers and Community Members.

**\* 10:00am at the end of the beach \***

Call Chris Wilson at: 705-856-1993 ext. 228 for more information.

**NOTE: This will be our last Sweat until Spring.**





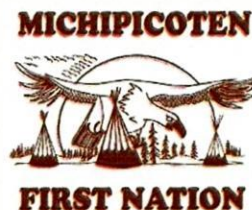
# LUNCH AT THE COMPLEX IS BACK!



THE FIRST LUNCH  
SOCIAL WILL BE  
HELD ON:  
MONDAY, OCTOBER 21ST  
12:00-2:00PM



FOR MORE INFO. CALL ASHLEY  
AT: (705)856-0129 EXT. 235





# FIRST NATIONS PUBLIC LIBRARY WEEK

Visit the MFN library today for a name ballot  
and a chance to win a gift basket full of goodies!

BOOKS GAMES

MOVIES

CRAFTS



*Anishinabek*

COMPUTERS

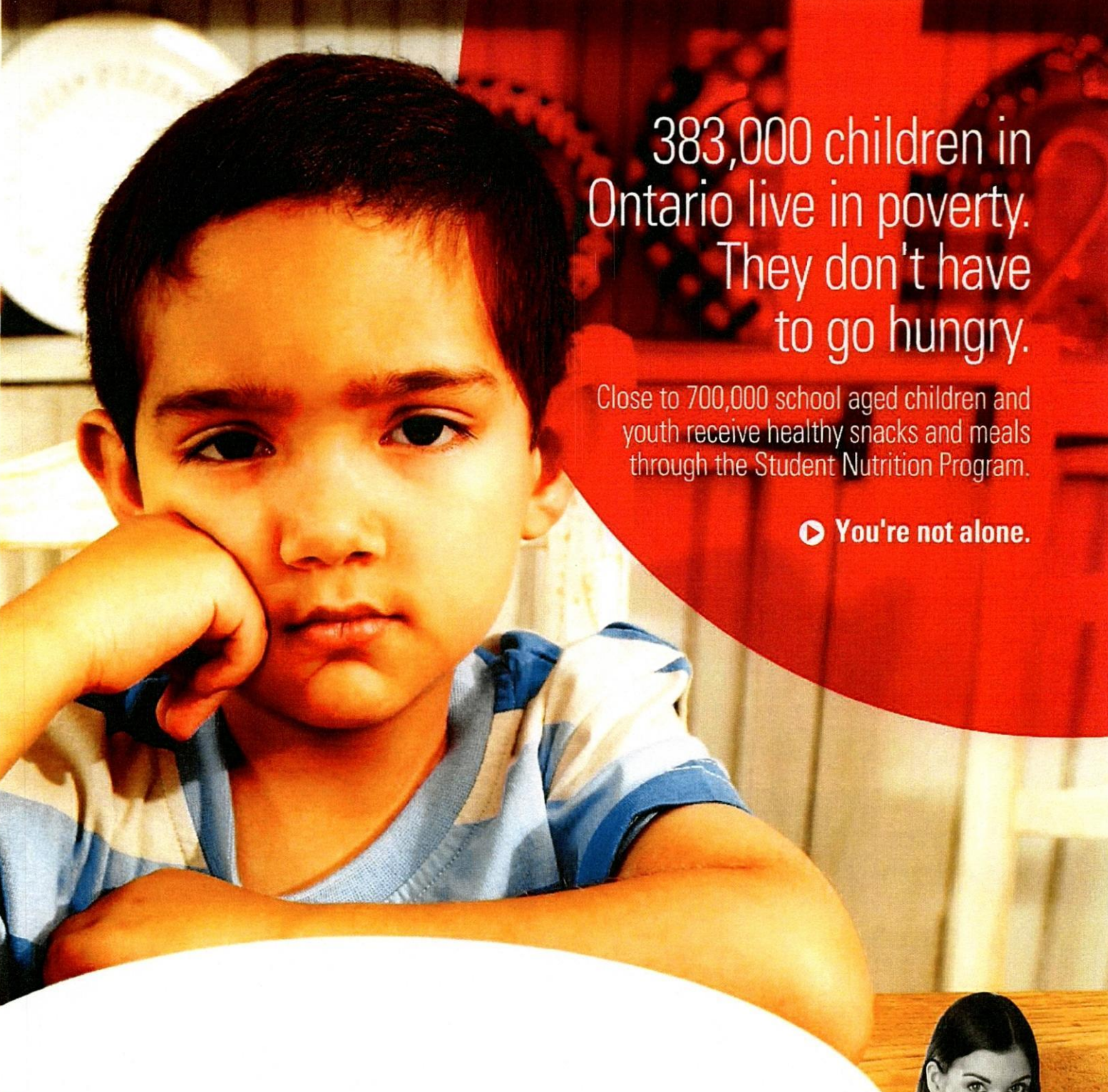
MICHIPICOTEN



FIRST NATION

The library is open daily  
from 8:30-4:30pm.





383,000 children in  
Ontario live in poverty.  
They don't have  
to go hungry.

Close to 700,000 school aged children and  
youth receive healthy snacks and meals  
through the Student Nutrition Program.

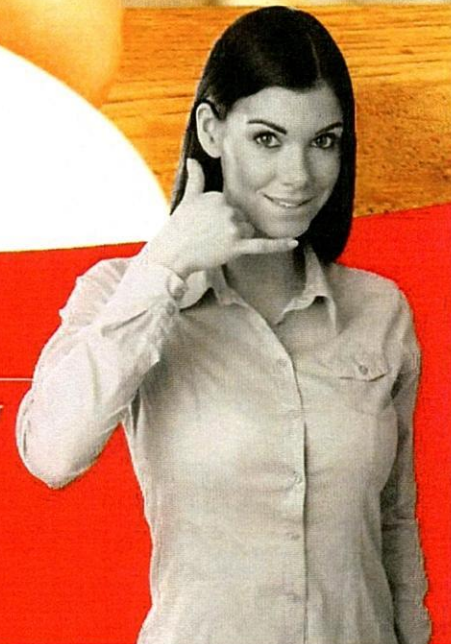
▶ You're not alone.




When you don't know  
where to turn.

Make the Connection. Call 2-1-1

Free | Confidential | 24/7 | 150+ Languages | Live Answer  
[www.211Ontario.ca](http://www.211Ontario.ca) | TTY: 1.888.340.1001





Being widowed  
doesn't mean you  
have to be alone.

36% of Seniors are volunteering  
and making a difference in  
their community.

▶ You can too.



When you don't know  
where to turn.

Make the Connection. Call 2-1-1

Free | Confidential | 24/7 | 150+ Languages | Live Answer  
[www.211Ontario.ca](http://www.211Ontario.ca) | TTY: 1.888.340.1001







**MAAMWESYING**  
NORTH SHORE COMMUNITY HEALTH SERVICES INC.











**OCTOBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Malcolm Returns Oct 7	<b>**Schedule subject to change</b>	1 <b>Wawa</b> Kasey 10 am-2:30pm <b>STWC</b> Melody- 12:30pm-9:30pm	2 <b>STWC</b> Kasey 8:30am-12pm Melody 4:30 pm-9:30 <b>BHFN</b> Kasey- 1pm-4:30pm Melody 8:30am-4pm	3 <b>Wawa</b> Kasey 10 am-2:30pm Melody 5 pm-9:30 pm <b>STWC</b> Melody- 8:30am-4 pm	4  Office Closed for Training	5
6 SSM-Melody →	7 <b>BHFN</b> Malcolm 10am-12:30pm <b>STWC</b> Malcolm 1:30 pm-4:30 pm  Kasey Out of Office Diedre out of office	8  Kasey Out of Office Diedre out of office	9 <b>STWC</b> Malcolm 10am-12:30pm <b>BHFN</b> Malcolm 1:30pm-4:30pm  Kasey Out of Office	10 <b>Wawa</b> Malcolm 8:30-7 pm  Kasey Out of Office	11 <b>Wawa</b> Malcolm 8:30 am-1pm SSM- Melody  Kasey Out of Office	12
13	14  Office Closed- Happy Thanksgiving	15 <b>Wawa</b> Kasey 10 am-2:30pm <b>STWC</b> Melody- 12:30pm-9:30pm	16 <b>STWC</b> Malcolm 10am-12:30pm Kasey 8:30am-12pm Melody 4:30 pm-9:30 <b>BHFN</b> Malcolm 1:30pm-4:30pm Kasey- 1 pm-4:30pm Melody 8:30am-4 pm	17 <b>Wawa</b> Malcolm 8:30-7 pm Melody 5 pm-9:30 pm <b>STWC</b> Melody- 8:30am-4 pm  Kasey Out Of Office	18 <b>Wawa</b> Malcolm 8:30am-1 pm Melody 8:30am-1 pm  Kasey Out Of Office	19
20 SSM-Melody →	21 <b>BHFN</b> Malcolm 10:am-12:30pm Kasey 8:30am-12:30pm <b>STWC</b> Malcolm 1:30 pm-4:30 pm Kasey 1 pm-4:30 pm	22  Kasey Out Of Office	23 <b>STWC</b> Malcolm 10am-12:30pm <b>BHFN</b> Malcolm 1:30pm-4:30pm Melody (Workshop 3 Maple) Kasey Out of Office	24 <b>Wawa</b> Malcolm 8:30-7 pm  Melody (Workshop 3 Maple) Kasey Out of Office	25 <b>Wawa</b> Malcolm 8:30am-1 pm  Kasey Out of Office	26
27 SSM-Melody →	28 <b>BHFN</b> Malcolm 10am-12:30pm Kasey, Vickie 8:30am-12:30pm <b>STWC</b> Malcolm 1:30 pm-4:30 pm Kasey, Vickie 1 pm-4:30 pm	29 <b>Wawa</b> Kasey, Vickie 10 am-2:30pm	30 <b>STWC</b> Malcolm 10am-12:30pm Kasey, Vickie 8:30am-12pm <b>BHFN</b> Malcolm 1:30pm-4:30pm Kasey-, Vickie 1 pm-4:30pm	31 <b>Wawa</b> Malcolm 8:30-7 pm Kasey, Vickie 10 am-2:30pm	<b>To Book an Appointment</b> (705)856-0129 Ext 241 or 1-833-564-2726	



# October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 -MFN Nurse is in the Health Centre: 9-4pm -KIDZ ZONE: After School Program in the library: 3:45-4:45pm -Haunted Trail Meeting: 5pm at 3 Maple -Orange Shirt Day Luncheon: 11:30am in The Band Hall	1 -Sew Much Fun: 1-3pm at 3 Maple -Drumming Social: 6-8pm at 3 Maple (men & women welcome) 	2 -Introduction to Beading: 1-3pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm -Community Social: 6-8pm in the Band Hall	3 -MFN Nurse is in the Health Centre: 9-4pm -Wellness Group: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm 	4 -Lunch Social: 11:30-1pm at 3 Maple - Goose Hunt: 6:00am	5 -Moose Hunt: 5:30am
6 -Moose Hunt 5:30am -Potluck: 1:00pm in the Band Hall parking lot	7 -MFN Nurse is in the Health Centre: 9-4pm -Community Lunch & Learn (Flu Awareness): 12:00-1:00pm in the Band Hall -KIDZ ZONE: After School Program in the library: 3:45-4:45pm	8 -Sew Much Fun: 1-3pm at 3 Maple -Drumming Social: 6-8pm at 3 Maple (men & women welcome) -Dilico Visits MFN 	9 -Crafting Social: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm -Dilico Visits MFN 	10 -MFN Nurse is in the Health Centre: 9-4pm -Wellness Group: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm -Diabetes Prize Bingo: 6:30am in the Band Hall.	11 -Lunch Social: 11:30-1pm at 3 Maple 	12
13	14 <b>THANKSGIVING</b> The Band Office will be closed. 	15 -Sew Much Fun: 1-3pm at 3 Maple -Drumming Social: 6-8pm at 3 Maple (men & women welcome) 	16 -Crafting Social: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm 	17 -MFN Nurse is in the Health Centre: 9-4pm -Wellness Group: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm	18 -Lunch Social: 11:30-1pm at 3 Maple	19
20	21 -MFN Nurse is in the Health Centre: 9-4pm -Lunch Social: 12-2pm at The Complex -KIDZ ZONE: After School Program in the library: 3:45-4:45pm -Sweat Lodge: 10:00am at the end of the beach	22 -Sew Much Fun: 1-3pm at 3 Maple -Drumming Social: 6-8pm at 3 Maple (men & women welcome) 	23 -Crafting Social: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm	24 -MFN Nurse is in the Health Centre: 9-4pm -Wellness Group: 6-8pm at 3 Maple -KIDZ ZONE: After School Program in the library: 3:45-4:45pm -Chief & Council Meeting: 6:00pm in the Band Hall	25 -Lunch Social: 11:30-1pm at 3 Maple 	26