

Michipicoten First Nation



## **RECOVERY AND WELLNESS GROUP**

Empowering Recovery with Wellness



**Every Thursday | 6:00pm-8:00pm**

**February 1, 8, 15, 22, 29, 2024**

**Michipicoten First Nation Family Well-Being Lodge**

**3 Maple Street in Wawa, ON**



**Mental Health and Addictions Recovery Program**

**Group lead - Gretchen Delguidice**

**Everyone welcome!**

**For more information, please contact Jennifer Jacques**

**[cww@michipicoten.com](mailto:cww@michipicoten.com) or 705-914-0560**