

Quick Guide for Non-Insured Health Benefits (NIHB)

for Michipicoten First Nation Members



What is NIHB?

- ➔ A program that helps eligible First Nations and Inuit People access health benefits that are not covered by provincial health insurance plans (eg. OHIP).

What does it cover?

- ➔ Medications, dental care, vision care, mental health, medical supplies, medical transportation, mileage, meals, and accommodations.

Before your appointment

- ➔ Please submit appointment confirmation at least two weeks before appointment from your referring doctor, including the Appointment Date & Time.

Meals & Travel Rates

- ➔
 - Breakfast: \$19.00
 - Lunch: \$19.00
 - Supper: \$38.00
 - Mileage: \$0.265/km
 - Parking fees may be reimbursed with receipts.
 - Hotels must be NIHB approved and booked through MFN by the NIHB Coordinator.

After your appointment

- ➔
 - Have your Transportation Authorization (TA) / appointment slip signed by the health care provider you attended.
 - Return the signed form to the MFN NIHB Coordinator.

Common reasons for delays or not approved

- ➔
 - Missing information from health care providers.
 - Incomplete forms or missing signatures.
 - High volume of requests being processed.
 - The provider is not recognized by NIHB.
 - The request does not meet NIHB coverage requirements.
 - Request not received within NIHB's 10 day guideline.
 - The requested benefit is available through insurance plan, provincial coverage, or another plan.



Reminder: This is a complimentary service that MFN provides.
You can also contact NIHB directly at 1-888-283-8885.

For any help with NIHB, please contact Hailey Tangie,
NIHB Coordinator for Michipicoten First Nation at
705-914-0013 or nihbcoordinator@michipicoten.com.